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Board of Trustees Scott Davis Kathy L. Walker Talwinder Chetra Ernest J. Rodriguez Roger D. Christianson

Dear Parent:

Your child may have been exposed to the communicable disease checked below. If your child develops any of the listed symptoms and has been diagnosed with the illness, please notify the school.
☐ <u>Chickenpox:</u> Slight fever usually 13 to 17 days after exposure. Crops of watery blisters appear on the body, face and scalp which later form crusts. <i>Keep child out of school 7 days from the time of eruption.</i>
Head Lice: Please Observe your child for evidence of head lice. Check for the presents of nits – small white oval eggs which attach firmly to the hair shaft. They are usually found about the ears and the nape of the neck. An itching scalp and scratching may indicate head lice. Recommendation regarding treatment for head lice may be obtained from your family health care provider, a pharmacist or from the school nurse. Remind your children not to share combs, brushes, hats, coats, etc. Students with head lice will be excluded and will not be allowed to return to class until the family provides proof of treatment with head lice shampoo.
☐ <u>Streptococcal Infections:</u> Scarlet fever and strep throat; sudden onset, usually 2 to 5 days after exposure. Fever, sore throat, glands in neck enlarged and tender, fine rash appears most often on neck and chest. Streptococcal sore throat is scarlet fever without a rash. <i>Consult your health care provider; medical treatment is required.</i>
☐ Impetigo: Crusts and scabs and occasionally blisters are seen about the mouth and nose; may also be found elsewhere in the body. The draining sores are contagious on contact. Consult your health care provider; medical treatment is required. Child may attend school if under treatment and the area can be covered.
Ringworm: Of the body; ring of reddened, dry, scaly sores; when present in the scalp, causes areas of temporary baldness. The areas are contagious on contact. Consult your health care provider; medical treatment is required. Child may attend school if under treatment and the area can be covered.
Scables: Small raised, reddened areas usually seen between fingers, about the wrist and elbows, under the arms and at the wrist line, which cause intense itching, especially at night. Scratching sores. The areas are contagious on contact. Consult your health care provider; medical treatment is required. Child may attend school after treatment as advised by health care provider.
Pink Eye: Tearing, pain, redness of eye(s) with a yellow discharge (eyelashes stick together on awakening). May be followed by sensitivity to light and have swelling. Keep child out of school. Consult your health care provider; medical treatment is required.
Fifth Disease: Redness of cheeks, (slapped-face appearance) followed by a lace-like rash on the body, which may occur for 1-3 weeks on exposure to sunlight or heat. Consult your health care provider. Pregnant women are advised to consult their physician if possible exposure has occurred.

Encinal Elementary (530) 695- 5458

Luther Elementary (530) 695 -5450

Live Oak Middle School (530) 695- 5435

Live Oak High School (530) 695-5415

Live Oak Alternative Schools (530) 695-5430