



Seizure Action Plan

Effective Date _____

This student is being treated for a seizure disorder. The information below should assist you if a seizure occurs during school hours.

Student's Name	Date of Birth	
Parent/Guardian	Phone	Cell
Other Emergency Contact	Phone	Cell
Treating Physician	Phone	
Significant Medical History		

Seizure Information			
Seizure Type	Length	Frequency	Description

Seizure triggers or warning signs: _____ Student's response after a seizure: _____

Basic First Aid: Care & Comfort
 Please describe basic first aid procedures:

 Does student need to leave the classroom after a seizure? Yes No
 If YES, describe process for returning student to classroom:

- Basic Seizure First Aid**
- Stay calm & track time
 - Keep child safe
 - Do not restrain
 - Do not put anything in mouth
 - Stay with child until fully conscious
 - Record seizure in log
- For tonic-clonic seizure:**
- Protect head
 - Keep airway open/watch breathing
 - Turn child on side

Emergency Response
 A "seizure emergency" for this student is defined as:

Seizure Emergency Protocol
 (Check all that apply and clarify below)

Contact school nurse at _____

Call 911 for transport to _____

Notify parent or emergency contact

Administer emergency medications as indicated below

Notify doctor

Other _____

- A seizure is generally considered an emergency when:**
- Convulsive (tonic-clonic) seizure lasts longer than 5 minutes
 - Student has repeated seizures without regaining consciousness
 - Student is injured or has diabetes
 - Student has a first-time seizure
 - Student has breathing difficulties
 - Student has a seizure in water

Treatment Protocol During School Hours (include daily and emergency medications)

Emerg. Med. ✓	Medication	Dosage & Time of Day Given	Common Side Effects & Special Instructions

Does student have a Vagus Nerve Stimulator? Yes No If YES, describe magnet use: _____

Special Considerations and Precautions (regarding school activities, sports, trips, etc.)
 Describe any special considerations or precautions:

Physician Signature _____ Date _____
 Parent/Guardian Signature _____ Date _____