

# ***Mental Health Services 2023-2024***

*Emotional and mental health resources are available for students and families in our district and community.*

## **LOUSD School Counselors**

<b>Encinal:</b> Eduardo Bucio	ebucio@lousd.k12.ca.us	530-434-8651
<b>Luther:</b> Clarissa Pfister	cpfister@lousd.k12.ca.us	530-565-0644
<b>Luther:</b> Alejandro Mora-Leon	amora@lousd.k12.ca.us	530-434-3096
<b>LOMS:</b> Ellen Murphy	emurphy@lousd.k12.ca.us	530-635-1277
<b>LOHS:</b> Yesenia Carrasco	ycarrasco@lousd.k12.ca.us	530-308-7124
<b>LOAS /VOHS:</b> Eduardo Bucio	ebucio@lousd.k12.ca.us	530-434-8651

## **Sutter-Yuba Behavioral Health:**

530-822-7200

[www.suttercounty.org](http://www.suttercounty.org)

## **24 Hour Psychiatric Emergency Services (Crisis Services):**

1-888-923-3800 or 530-673-8255

**National Suicide Prevention Lifeline** : The lifeline provides 24/7; free and confidential support for people in distress, prevention, and crisis resources for you and your loved ones.

Call 1-800-273-8255 or online web CHAT at: <https://suicidepreventionlifeline.org/chat/>